

Smile Stories from the Family Dental Health of South Asheville 2010 In Sophie Magazine

by [Family Dental Health of South Asheville](#) on

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When people are asked about what they notice when they meet someone else for the first time, they usually mention things like hair, eyes, clothes, etc. But almost every time a survey is done, people say what they notice first is the other person's smile.

Studies show that an overwhelming majority of people believe that a great smile helps one look healthier, happier, and more successful. In fact, three out of four people agree that an unattractive smile can hinder one's success in life.

Sadly, most adults are unhappy with the appearance of their smile and make a conscious effort to hide their teeth in photographs and when they are talking with other people. What is even more unfortunate, many believe there is not much that can be done for their smile and they have lost hope of anything ever changing.

Fortunately, there is hope for these people. Not only can they improve their smile, they can change their life and their confidence in themselves. The "Smile Stories" that follow are just a few of many examples of these life changing successes.

Patient Stories:

"Before going to the Family Dental Health of South Asheville, I was always aware of my teeth and always wished they looked better. Whenever I smiled, I thought about them and how I wished they were different.

Dr. Port and his staff are fantastic — having my teeth worked on was a major deal for me. Throughout my treatment, I always had choices and options — I was never forced into any one decision, and I never felt pressured.

Now, I smile all the time — I love it! My new smile is wonderful. I love the shape of my teeth, the whiteness of them, everything. I feel like I'm always smiling now, and it's become a focal point in conversations. Believe it or not, people will even tell me jokes or say something funny so that they can see my smile — people love to see me smile, and I am more than happy to show it off!"

~ Katrina Bragg, founder of TaskMania — [taskmania.biz](#)

"I was always self-conscious about my teeth and somewhat depressed because of them. Ever since I started going to the Family Dental Health of South Asheville in December of 2007, I have been overwhelmed with the results.

Dr. Port and the entire staff were always straightforward, honest, and realistic about my teeth and gave me every possible option. The Family Dental Health of South

Asheville is warm and relaxing, and everyone there made going to the dentist a comfortable and easy experience.

There has been a miraculous change in my teeth and smile — it's like I have a completely new set of teeth. The Family Dental Health of South Asheville has made this such a rewarding experience. People look at me now, and say 'Wow! Your teeth look amazing!' I am 110 percent satisfied with my results!"

~ Nadine Jessup

"Before going to Dr. Port, I wasn't very happy with my teeth at all. I dealt with them for years until I realized there was something I could do about them.

My personal experience with the Family Dental Health of South Asheville was absolutely wonderful, and the results were fantastic! Dr. Port and his staff are informative, professional, and so supportive — they really put me at ease

Now I think I look 10 years younger! So many people comment on how pretty my teeth are, that I wish I had done this years ago. If anyone out there is unhappy with the look of their smile, visit Dr. Port to see what he can do for you. You're never too old to start feeling better about yourself and your smile."

~Michelle Cook